



Walk Leader Training

Train to become a walk leader!

Join our free training morning where you can become a qualified walk leader.

Friday 2nd August and Thursday 31st October
10am-3pm

Parkside High, The Pod, 17 Summerfields Way South, Ilkeston, Derbyshire, DE79JJ

What you need: Clothing and footwear suitable to going on a walk, in rain or shine!
The walk qualifies you to become a walk leader. Refreshments will be provided.

As a walk leader you can help your friends, family, colleagues, and community develop a passion for walking, whilst becoming healthier and happier and encourage walking for all.

As a walk leader you will:

- Help people discover and make the best of their local area on foot.
- Give people the confidence to walk on their own as well as in a group.
- Welcome as many people as possible by keeping walks easy and accessible, focusing on helping the least inactive communities.
- Involve local communities and partnering with other organisations.
- Show how easy, enjoyable and sociable walking can be.
- Demonstrate all the benefits of walking and physical activity.
- Help make the case for improving the places people walk.

To book contact becci.carter@erewash.gov.uk

